



*“A Hand for a Downed Rider”*

# *The Helping Rider*

A.I.M. Vancouver



*Ted Allen (centre) presenting Awards to Skip Stewart (left) and Ed Bell (right) founding members of A.I.M. at last year's Annual G.F. Strong Rehabilitation Show and Shine*

**“HELPING INJURED RIDERS SINCE 1983”**

***Serving over 220,000 on-and-off road motorcyclists throughout the province, A.I.M. is a benevolent, non-profit society registered under the provincial Societies Act and holding a Federal Charitable Tax Number. A.I.M. is committed to assisting injured motorcyclists by providing legal assistance, knowledge of rights, assistance with emotional support as well as regular hospital visits and helping with aspects of recovery not covered by other agencies. It is operated solely by volunteers and relies on memberships and donations for funding***

# The Helping Rider

#90 ~ Spring ~ 2007

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The Helping Rider is published by the Association for Injured Motorcyclists and is Free to all interested readers. Advertisements are welcome. Call for rates. Articles and letters to the Editor are also welcome.

## Disclaimer

Although we welcome your input, articles submitted and printed in the newsletter do not necessarily reflect the opinions of the Association of Injured Motorcyclists as a whole.

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# Motorcycle Safety Check

- 1) Tire pressure and condition.
- 2) Brake pads or shoes, thickness and feel lever or pedal.
- 3) Oil level.
- 4) Tail light.
- 5) Brake light operation for lever and pedal.
- 6) Fuel level.
- 7) Drive and chain lubrication.
- 8) Headlight operation, high and low beam, got a spare bulb?
- 9) Turn signal operation.
- 10) Battery electrolyte level.
- 11) Coolant level.
- 12) Suspension settings. Are you riding Solo or with a passenger?
- 13) Adjust mirrors.
- 14) Clutch adjustment for comfort and action.
- 15) Check for appropriate tools, tire patch kit, etc.
- 16) Check complete bike for loose nuts and bolts.

This list is numbered in order of importance that makes sense to me, tires and brakes being the most safety oriented features of the motorcycle.

Steve the Bike Wrench  
President of A.I.M.



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**Meetings are held every Third  
Thursday of the Month 7:00 pm  
at the Cloverdale Library 5642  
176A, Cloverdale, BC, Just off  
Hwy # 10...**

**Nominations in October and  
Elections in November.  
All are Welcome! Rain or Shine.**

## Some Benefits for the Disabled

A while back I was in a serious accident which left me disabled. Through a person I met while going to G.F. Strong Rehabilitation she informed me of some of the benefits I qualify for. This I would like to share with you all. In the case of a motor vehicle accident, make sure you document all mileage to and from doctors, therapy offices etc. Save all receipts for parking pertaining to these doctor visits just in case you need them. And not to forget the TV rental receipts from a stay at the hospital if that applies. Ask your lawyer if you qualify for a reimbursement. After an accident save ALL gas receipts. Remember these benefits below do not apply only to motorcycle accidents, they apply to anyone with a recognized disability.

### **Save up to \$500.00 back as a gas rebate from the Province.**

To get these benefits one must pick up a gas rebate form from an ICBC agent. They should have it but not all do. I had to go to 3 different ICBC locations to find this form. Take it to your Doctor, have them fill out their portion of the form and you fill out your section. Send it to the appropriate address. IF it is approved they will assign you a number and send you more forms. That number will be used when you file for your gas rebate. If you have been disabled and were not aware of this program, they will go back close to five years. But since there is a good chance you were not aware of this, you probably did not save any receipts. They will accept an estimation of how many kilometers per year. They will ask you for a notarized statement. The forms that you have to fill out are pretty basic and straightforward.

### **You may be eligible to receive a 25% discount off your Basic Insurance**

Take the letter you received from the Province for your gas rebate with your new number assigned to you to your ICBC agent. They will apply that number to your policy which gives you the 25% discount off your basic insurance which can also be prorated to the time of your disability to a maximum of 5 years.

Remember that discount applies to your Basic Insurance only.

During my travels I did not see any advertising anywhere for these discounts and I made several inquiries. Another point of interest, you can call BC Ferries and inform them of your disability and registering your number with them allows you priority loading. Which means they are supposed to load you as close to the elevator as possible. Between the gas and basic insurance savings, it can add up to a fair amount throughout the year, so why pay more than you have to.

If you have any questions about these benefits call the AIM office at 604-580-0112

and leave a message for me,

Dave Munro.

Vice President

### **Newsletter Ads - Rates!**

Business cards size .....	\$40.00	1/4 page .....	\$80.00
1/2 Page size .....	\$160.00	Full Page size .....	\$320.00

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Golf –Held at Myrtle Point Golf Club –

2 Days - 18 holes each day

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There will be other events to watch or participate in a demonstration style.

For information, registration form, etc.

Please contact either: [info@disabilitysport.org](mailto:info@disabilitysport.org)

(604) 598 ~ 7891 Or Madeleine Anderson [chiron@dccnet.com](mailto:chiron@dccnet.com)

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## Message from the Secretary.

For the last few months the Vice-President (Dave Munro) and I have been attending a monthly Amputee Support Group meeting at the G.F. Strong Rehabilitation Center, 4255 Laurel St. Vancouver. These meetings are open to all amputees, their spouses, and friends. At these meetings, most are amputees, with various degrees of incapacitation, from single amputations to high quadriplegics. The reason for these meetings is so that people can learn about, not only their own problems, but also learn from those of others.

Those of us without disabilities, do not realize the strain, either physical, psychological, or both. The physical aspect can be the simple act of dressing yourself, or, having a shower without falling down (try standing on one foot on a slippery surface, and wash your hair). A romantic walk on the beach is no longer possible. You get sand in all the hinges. Some of the robust guys have talked about going sight seeing, and being totally exhausted at the end of the day. Then there is the psychological aspect of it. Questions like, what is my future? Will I get stared at? Will I ever be able to have a family? For many, their worst enemy is depression.

Recently we had Walt Lawrence as a guest speaker. He was injured as a teen in a diving accident, which left him as a high quadriplegic. He now works as the G.F. Strong Spine Program Peer Mentor. It is through people like this, and institutions like G.F. Strong, that we of the Association For Injured Motorcyclists learn more about the people we help, and how to serve them better.

Stay cool, Stay upright.

Terry Wilson, Secretary



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**MAY IS MOTORCYCLE AWARENESS MONTH**



# A.I.M.



## Vancouver Chapter 7th Annual Ride In Show N' Shine

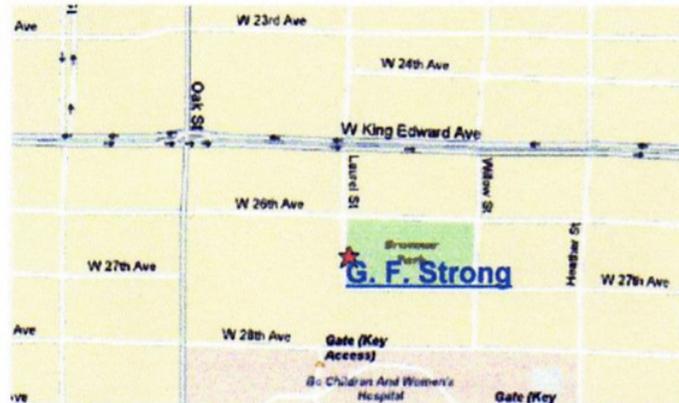


### GF Strong

Rehabilitation Center



4255 Laurel St., Vancouver (Staff Parking Lot)



### Sunday August 12, 2007

9:00 AM - 2:00 PM



Live Music - Bar-B-Q - Prizes



Registration \$10.00

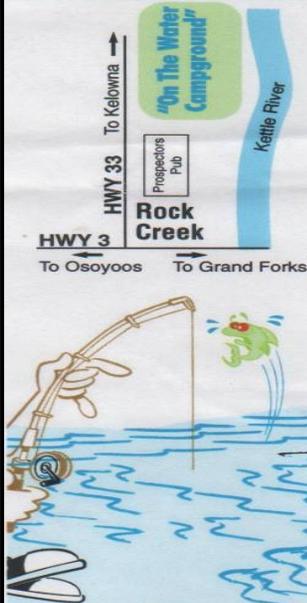
For more info call 604 514-2314 or 604 580-0112

# Boogie Bash

August 3 - 6  
2007

## Rock Creek BC

1/4 mile north of Hwy 3 on Hwy 33



- Live Bands Daily *Blues to Rock*
- Ed McInnis *Show 'n Shine*
- Tom Doyle *Bike Games*
- Dee Green *Poker Run*
- *Tattoo Show & Competition*
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## 18th Annual

British Columbia Coalition of Motorcyclists

# MLA RIDE

The Annual Motorcycle Ride to the Capital  
Legislature Buildings in Victoria, B.C.

**THURSDAY MAY 3, 2007**

BCCOM'S Annual Ride to the Legislature in Victoria to take the MLA's  
and staff for a ride on their lunch hour.

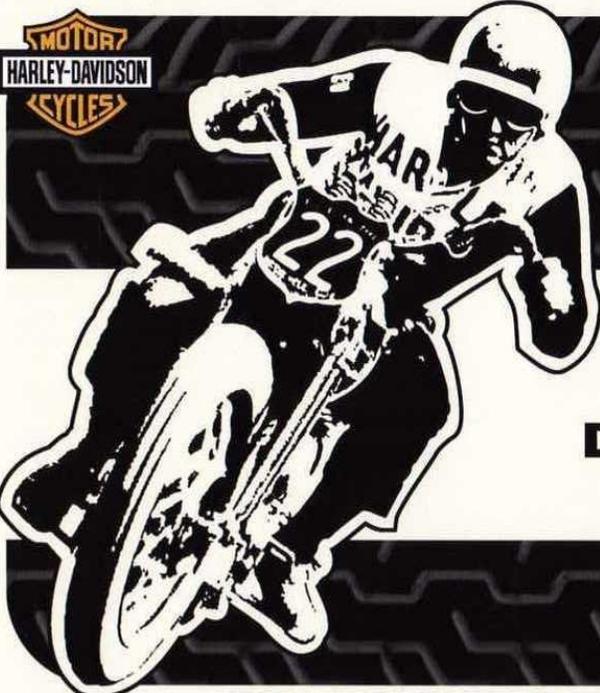
This is a chance to speak directly with your individual Member of the Legislative Assembly on  
Motorcycling and safety issues that affect you and your family. It is also the big kickoff to  
promote May as Motorcycle Awareness Month.

**Vancouver:** Riders assemble at Tsawwassen Ferry Terminal for 9 AM sailing

**Victoria:** Assembly Point: Mayfair Mall, Blanchard St., Victoria @ 11 AM

**For info call: (604) 580-0111 or 1-877-580-0111**

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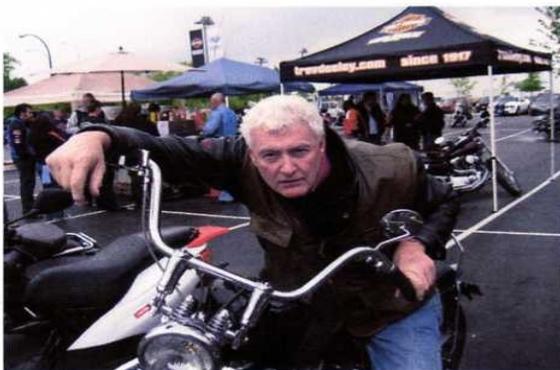
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## SO TRUE, And sad. Take the time to read this...

I saw you hug your purse closer to you in the grocery store line. But you didn't see me put an extra 2410.00 in the collection plate last Sunday.

I saw you pull your child closer when we passed each other on the sidewalk. But you didn't see me playing Santa at the local mall.

I saw you change your mind about going into the restaurant. But you didn't see me attending a meeting to raise more money for the hurricane relief.

I saw you roll up your window and shake your head when I drove by. But you didn't see me driving behind you when you flicked your cigarette butt out the car window.

I saw you frown at me when I smiled at your children. But, you didn't see me when I took time off from work to run toys to the homeless.

I saw you stare at my long hair. But you didn't see me and my friends cut ten inches off for Locks of Love.

I saw you roll your eyes at our leather coats and gloves. But, you didn't see me and my brothers donate our old coats and gloves to those that had none.

I saw you look in fright at my tattoos. But you didn't see me cry as my children were born and have their name written over and in my heart.

I saw you change lanes while rushing off to go somewhere. But you didn't see me going home to be with my family.

I saw you complain about how loud and noisy our bikes can be. But you didn't see me when you were changing the CD and drifted into my lane.

I saw you yelling at your kids in the car. But you didn't see me pat my child's hands knowing he was safe behind me.

I saw you reading the newspaper or map as you drove down the road. But you didn't see me squeeze my wife's leg when she told me to take the next turn.

I saw you, race down the road in the rain. But you didn't see me get soaked to the skin so my son could have the car to go on his date.

I saw you run the yellow light just to save a few minutes of time. But you didn't see me trying to turn right.

I saw you cut me off because you needed to be in the lane I was in. But you didn't see me leave the road.

I saw you waiting impatiently for my friends to pass. But you didn't see me. I wasn't there.

I saw you go home to your family. But you didn't see me. Because I died that day you cut me off.

I was just a biker. A person with friends and a family, but you didn't see me.



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**MAY 2007**

May 3 - 18th Annual MLA Ride - 604.580.0111 or 877.580.0111

May 5 - Half Moon Bay, CA Concourse d'Elegance. Bonham's will be holding an auction starting at 5:00pm - <http://www.legendofthemotorcycle.com/>

May 6 - Trev Deeley's Grand Opening, Celebrating 90 years. 1875 Boundary Rd, Van, BC <http://www.trevdeeley.com/>

May 11-13 - Slack Alice's Show n' Shine - Penticton, BC - 250.492.0188 or <http://www.slackalices.com/>

May 12 - WMRC Practice #2 - <http://www.wmrc.ca/>

May 13 - 2nd Annual Mother's Day Run (Road Ride) - GVMC Clubhouse, Unit 307 - 9785, 192nd Street, Surrey, BC - Contact Tina Hansen at 604.830.2558 or <http://www.gvmc.ca/>

May 13 - WMRC Race Round #2 - <http://www.wmrc.ca/>

May 19-20 - CMDRA All Bike Drags - Nl'akapxm Eagle Motorplex, Ashcroft, BC - <http://www.eaglemotorplex.com/>

May 26 to June 8 - Isle of Man 100th Anniversary

May 27 - 15th Annual Gord Heppler Memorial Run (Road Ride) for B.C. Children's Hospital - GVMC Clubhouse, Unit 307 - 9785, 192nd Street, Surrey, BC - Contact Jackie Heppler at 604.888.8152 or [houseape@shaw.ca](mailto:houseape@shaw.ca) or <http://www.gvmc.ca/>

**JUNE 2007**

June 10 - GVMC Show and Shine for Crohn's Disease for Crohn's Society - Contact Karen Weinstein 604.514.2314 or [woodette@telus.net](mailto:woodette@telus.net) or <http://www.gvmc.ca/>

June 15-17 - CVMG National Rally in Paris, Ontario

June 16 - Trev Deeley Show n' Shine - 1875 Boundary Rd, Vancouver - 604.291.2453 or <http://www.trevdeeley.com/>

June 17 - 58th Annual GVMC Piston Run (Off Road) - Location; Chilliwack (Chipmunk Creek / Foley Creek Area) - Contact Wally Klammer at 604.594.5918 or [wklammer@dcnet.com](mailto:wklammer@dcnet.com) or <http://www.gvmc.ca/>

June 18 - 7th Annual Fathers Day Poker Run, Castlegar - 250.365.6466 or [toyrun@shaw.ca](mailto:toyrun@shaw.ca)

June 24 - 14th Annual Campbell River Poker Run - Call Laurie at 250.287.7173 or 250.287.0963

June 29-30 - 27th Annual N. California Indian Run - eMail [ndrun2007@gmail.com](mailto:ndrun2007@gmail.com) or call Ron at 209.518.6381

June 29 to July 2 - 5th Annual Toad Rock Motorcycle Rally - <http://www.toadrock.com/> or 877.229.5448

June 30-July 1 - CMDRA All Bike Drags - Castrol Raceway, Edmonton, AB - <http://www.castrolraceway.com/>

**JULY 2007**

July 2 - WMRC Race Round #3 - <http://www.wmrc.ca/>

July 11-15 - BC Disability Games in Power River - <http://www.disabilitysport.org/>

July 18-23 - INOA's Hell's Backbone Norton Rally, the Utah British Bike Club at the Thousand Lake Campground Torrey, Utah, USA - <http://www.utahbrtishbikeclub.com/Backbone.html>

July 21-22 - CMDRA All Bike Drags - Nl'akapxm Eagle Motorplex, Ashcroft, BC - <http://www.eaglemotorplex.com/>

July 21-22 - 53rd Annual GVMC Routledge Road Ride and Dual Sport - GVMC Clubhouse, Unit 307 - 9785, 192nd Street, Surrey, BC - Contact Wes Jamison at 604.857.4880 or [wesjamison@wesjamison.com](mailto:wesjamison@wesjamison.com) or <http://www.gvmc.ca/>

July 26-29 - Rocky Mountain High - New Denver, BC - <http://www.canadianriders.com/>

July 27-29 - AMA Vintage Motorcycle Days at Mid Ohio

July 28-29 - CMDRA All Bike Drags - MHDRA Drag Strip, Medicine Hat, AB - <http://www.mhdra.com/>



**Association for Injured Motorcyclists**

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Whether you are an accident victim or a sincerely interested party, please take our appeal earnestly. We are serious about our livelihood. **WE NEED YOU!** ... Become a member and give us support for effective representation on all matters of concern to Injured Motorcyclists

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