

"A Hand for the Downed Rider"

The Helping Rider

A.I.M VANCOUVER 135 Summer 2018



The Spring Dance
Big Big Thank You's to you all who supported the event!
Winter Dance is in November.
Posters and tickets are available at the AIM table wherever Dave and the Crew are.

Hope to see you at
G.F. Strong Rehabilitation
Centre (poster on the left)
Your Support and attendance
always makes a positive
difference

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Dr Joe Dispenza
Short Visitation Report

"HELPING INJURED RIDERS SINCE 1983"

Serving over 250,000 on-and-off road motorcyclists throughout the province, A.I.M. is a benevolent, non-profit society registered under the provincial Societies Act and holding a Federal Charitable Tax Number. A.I.M. is committed to assisting injured motorcyclists by providing legal assistance, knowledge of rights, assistance with emotional support as well as regular hospital visits and helping with aspects of recovery not covered by other agencies.

It is operated solely by volunteers and relies on memberships and donations for funding.



The Helping Rider #135~ Summer ~ 2018

Vancouver A.I.M.

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The Helping Rider is published by
The Association For Injured Motorcyclists
Vancouver Chapter
Free to all interested readers.
Advertisements are welcome.
Articles and letters to the editor are also welcome.

CHAPTERS

A.I.M Vancouver Island Chapter

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Interior BC

604-580-0112 info@aimvancouver.com

Northern

604-580-0112 info@aimvancouver.com

A.I.M. Meets

Third Thursday of the Month 7:00 pm

Kalmar Restaurant
8076 King George, Surrey, B.C.,

All are Welcome! Rain or Shine!

Call us 604-580-0112 or email us

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Newsletter Ad Rates

Size	\$ per Issue	\$ per 4 issues
1/8 of page (B ca	ard) 60	200
1/4 page	120	420
1/2 page	240	900

Disclaimer

We welcome your input, articles printed in the newsletter do not necessarily reflect the opinions of the Association For Injured Motorcyclists

Events, posters, and other information presented within this
Newsletter are, to the best of our knowledge, true and
accurate; although we make a genuine effort to
provide accurate information about third party events, you are
ultimately responsible for verifying the Information to rule out the
possibility of errors, omissions, and unexpected changes or
cancellations. -Thank you!



Motorcycle Safety in May

ICBC and the Ministry of Transportation and Infrastructure participated in the B.C. Coalition of Motorcyclists' 26th annual MLA motorcycle ride to the B.C. legislature in support for Motorcycle Safety Awareness Month in the province.

In B.C., on average 2,400 incidents occur each year involving at least one motorcycle; injuring 1,500 people and killing 32 motorcyclists each year.

As a driver, you can only see motorcycles when you really look for them. Particularly at intersections, stay alert and yield right-of-way appropriately. Look carefully for oncoming motorcycles, and if you don't see any, look again for them. Given their relatively small size, they can be difficult to see, and their speed hard to judge.

Motorcycle riders and their passengers should wear "all the gear, all the time". In all weather conditions, wearing proper motorcycle safety gear is key to reducing the severity of injuries in the event of a crash. Whether you're riding a motorcycle or driving a vehicle, do your part to drive smart.

More tips for drivers:

Look carefully for motorcycles as they're harder to see at dusk, at night, in bad weather and heavy traffic.

Give lots of space when passing a motorcycle and allow at least three seconds following distance when you're behind a motorcycle

Make eye contact whenever possible to let motorcyclists know that you've seen



them.

More tips for riders:

• To refresh your maneuvers, practice in a closed course like an empty parking lot or sign up for a local motorcycle skills training session.

When approaching an intersection, especially where oncoming traffic is waiting to turn left, adjust your lane position and reduce your speed so you'll have an escape path or time to stop if you need it.

Avoid riding in the centre of the lane (where oil and other fluids gather), or on painted road markers.

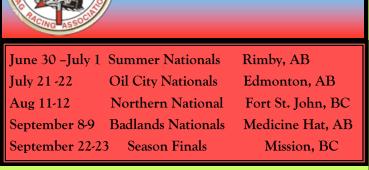
Learn more about motorcycle safety at icbc.com.

Stefanie Tam

Senior Communications Specialist

Stakeholder Governance & Communications ICBC





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Pic's Below



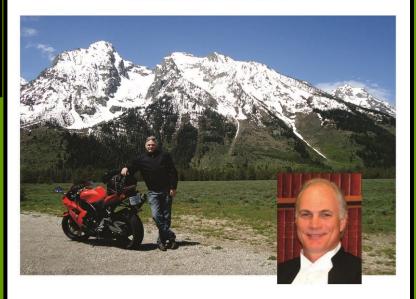




DARYL J. BROWN Barrister & Solicitor

INJURED? The insurance company is not working for you. Our team of experienced injury lawyers care about you and can help your case. Ask what we can do for you. *Call today*.

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- · Spinal Cord Injury
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Enjoy Riding Everyone!!!!!!!

Be Safe and Wear your Motorcycle Gear



604-940-4770 604-940-4740 fax

604-940-4740 fax #180 -7177 Vantage Way Delta, B.C. V4G 1K7 www.carpscycles.com carpscycles@gmail.com

Trev Deeley Calendar

July 7th TDMC Sea to Sky Poker Run/Campout (TDMC, Squamish, Whistler, Pemberton, D'Arcy)

July 12th HOG Western Rally - Kelowna

July 29th TREV X BILIS: SUMMER RIDE EVENT 10am, KSU 12pm

August 12th "Hog"ust – Gone Country (live band, mechanical bull, beer gardens, pig roast)

September 15th B.A.C.A. Awareness Ride to Squamish from TDMC

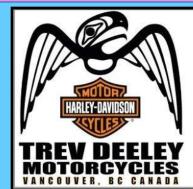
September 30th Test Our Metal Harley-Davidson Demo Truck 10am - 3pm

October 7th Vancouver Toy Run 40th Anniversary
October 7th Afterburner Party 10:30am - 2pm

December 1-2 Photos with Santa 11am - 3pm (proceeds to lower mainland Christmas Bureau)

The Heart–Brain Connection

Most of us have been taught in school that the heart is constantly responding to "orders" sent by the brain in the form of neural signals. However, it is not as commonly known that the heart actually sends more signals to the brain than the



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brain sends to the heart! Moreover, these heart signals have a significant effect on brain function – influencing emotional processing as well as higher cognitive faculties such as attention, perception, memory, and problem-solving. In other words, not only does the heart

respond to the brain, but the brain continuously responds to the heart.
More of this article is at

www.heartmath.com/science/

Heartmath Institute—researching for over 27 years

FYI

One does NOT need to be a member of AIM for us to visit a downed rider, talk to the family and or share info.

NOR does one need to be a member or even ride a motorcycle to volunteer.

Just be you, open heart and mind, willing to learn and share, and be around a great bunch of people.







Russell Prosthetics is an OPC accredited facility whose certified staff stay current with the latest trends and technology. With our extensive knowledge and experience we provide a comprehensive range of treatment pathways to meet our patients needs and help them achieve their goals. We also offer a full range of Bressante mastectomy restorations.

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Supports the motorcycle community

OUR MISSION IS TO:

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Is a full service injury litigation law firm which has advocated for Motorcyclists' recognition and fair treatment by legal authorities and I.C.B.C. for over 30 Years.

We fill the gaps left by Police and Insurers through client support: from investigation and rehabilitation, to specialist referrals, to fair financial compensation through settlement or trial.

Motorcyclists are often seen as "Trouble" or
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Quotes

www.goodreads.com/quotes

"The only thing standing between you and your goal is the bullshit story you keep telling yourself as to why you can't achieve it." — **Jordan Belfort**

"Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely." — Roy T. Bennett, The Light in the Heart

"It is not true that people stop pursuing dreams because they grow old, they grow old because they stop pursuing dreams." — **Gabriel García Márquez**

"Do not train a child to learn by force or harshness; but direct them to it by what amuses their minds, so that you may be better able to discover with accuracy the peculiar bent of the genius of each." — **Plato**

"It does not matter how long you are spending on the earth, how much money you have gathered or how much attention you have received. It is the amount of positive vibration you have radiated in life that matters,"

- Amit Ray, Meditation: Insights and Inspirations

"The eye sees only what the mind is prepared to comprehend." — Robertson Davies, Tempest-Tost

"It may be important to great thinkers to examine the world, to explain and despise it. But I think it is only important to love the world, not to despise it, not for us to hate each other, but to be able to regard the world and ourselves and all beings with love, admiration and respect." — **Hermann Hesse**, **Siddhartha**

"No one can make you feel inferior without your consent."

— Eleanor Roosevelt, This is My Story

"Yesterday I was clever, so I wanted to change the world.

Today I am wise, so I am changing myself." — Rumi

"The measure of intelligence is the ability to change." — **Albert Einstein**

"Don't waste your time with explanations: people only hear what they want to hear." — Paulo Coelho

"I'm not in this world to live up to your expectations and you're not in this world to live up to mine." — **Bruce Lee**

"Wisdom cannot be imparted. Wisdom that a wise man attempts to impart always sounds like foolishness to someone else ... Knowledge can be communicated, but not wisdom. One can find it, live it, do wonders through it, but one cannot communicate and teach it."

- Hermann Hesse, Siddhartha

"We seldom realize, for example that our most private thoughts and emotions are not actually our own. For we think in terms of languages and images which we did not invent, but which were given to us by our society."

- Alan W. Watts

"Don't be in a hurry to condemn because he doesn't do what you do or think as you think or as fast. There was a time when you didn't know what you know today."

- Malcolm X

"Do not think of knocking out another person's brains because he differs in opinion from you. It would be as rational to knock yourself on the head because you differ from yourself ten years ago." — **Horace Mann**

"Be the change that you wish to see in the world." — **Mahatma Gandhi**

"If you tell the truth, you don't have to remember anything."

- Mark Twain

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou





Changes Ahead

The BC Government has recently announced that there will be significant changes to ICBC, in particular to the compensation that will be available to those injured in motor vehicle accidents and particularly so for those not at fault for accidents. Our current system provides that for those injured in a motor vehicle accident that is not their fault, they are entitled to compensation with the purpose being to put them back in the position that they would have been in if they had not been injured. That compensation typically includes such things as wages that would have been earned if they had not been injured, reimbursement for the cost of medical expenses related to the injury and an award to compensate them for the pain, suffering and loss of enjoyment of life that they experience as a result of the accident. The damages awarded for pain, suffering and loss of enjoyment of life are called non pecuniary damages. Our Court of Appeal has considered at length how this award should be determined and essentially what the Court has directed is that the nature and extent of the injury and the impact that the injury has on the individual are the primary considerations.

When the NDP government came into power, they identified what the attorney general has referred to as a "dumpster fire" at ICBC, pointing to a significant financial shortfall that would require an increase in insurance rates to be addressed. An auditing firm was hired by the government to identify possible solutions to the financial woes of ICBC, rather than government seeking direction from the lawyers that are involved in ICBC cases, or ICBC itself. This was particularly unfortunate because those of us who work in this area could have provided significant information to the government about ways to decrease the costs that ICBC is incurring.

Ultimately the recommendation of the auditor which government accepted was one which significantly detracts from the current rights of British Columbians and limits the compensation that they are entitled to after an accident. Rather than working within the existing system to find ways to correct the financial situation at ICBC the government has made the decision to take away your rights. British Columbia is not alone in this approach. The other Canadian provinces have

followed a similar path. The result without exception is that insurance rates have continued to rise despite the fact that individuals rights have been eliminated. Motorists are paying more for insurance and getting less in return. British Columbia had a chance to be a leader and an example, but instead has made the decision to disregard the interests of individuals and fix the financial problems at ICBC by giving you less for your insurance dollars.

There is no doubt a financial crisis at ICBC and that crisis has many causes. Most notably the significant amount of money that was siphoned out of ICBC by prior governments. At times when ICBC was profitable, and profitable from your insurance dollars, the government took that money out and put it into general coffers. The amount that has been taken out of ICBC over the years is approximately the same as the current deficit that ICBC is experiencing. There have also been a number of management decisions regarding the way that claims will be dealt with that in my experience resulted in significant increases to costs. A big question for government is why they are refusing to operate ICBC like a business. In any other business if management had ran a company in a manner that resulted in a billion dollar deficit, that management would be fired, new management would be brought in with a directive to right the financial problems and run the business in a way that prevented the losses from occurring again. Rather than doing that, the government has decided that they will take away the rights of British Columbians. This is not Okay.

British Columbians should require of the government that they handle ICBC appropriately and find ways to fix the financial problems that ICBC is faced with, without taking away the rights of British Columbians. The things that the government should have considered include:



Finding ways to make our roads safer to decrease the number of accidents

Finding ways to make sure that people access treatment in a timely way so that the impact of injuries is lessened and therefore the cost of claims is decreased

Finding ways to make vehicles safer and to incentivize safer vehicles so that both the number of accidents is lessened and the nature and extent of injury is decreased

Finding ways to eliminate distracted driving which is one of the main causes of death and injury on the roads

Finding efficiencies within ICBC to decrease its costs

Managing ICBC in a way that results in fewer claimants feeling the need to resort to lawyers to resolve their claims

Insisting that the adjusters and lawyers involved in ICBC claims are operating in a way that decreases the legal costs associated with claims.

Instead of doing any of this, which would obviously take a lot of hard work, the NDP government has made the decision to try to address the financial woes of ICBC by taking money out of your pocket by decreasing the insurance coverage you get while charging you the same amount. The legislation that has been passed by the NDP government will result in a restriction of the amount of damages that you are able to get for pain, suffering and loss of enjoyment of life. They are instituting a nonpecuniary damage cap of \$5,500 for what they are referring to as a "minor" injury. The specifics of minor injury have not yet been defined but from what they have so far indicated the cap will capture a whole lot more than what I would consider a "minor" injury. The current rendition would include you if you were off work for 11 months following an injury. That is not a minor injury. My estimate is that the cap will limit claims that under our current system would have resulted in an award of up to about \$80,000 for pain and suffering to the capped amount. This will save ICBC money for sure but not in a sustainable way and not in a way that addresses the problems in the current system.

Now is the time for British Columbians to stand up to the government and say that taking the easy way out is not acceptable. The government needs to run ICBC like a business and that involves finding ways to make it financially viable. Finding financial viability by taking money out of policy holders pockets is not acceptable and in any other business would not be an option that would even be considered. Insurance is meant to provide peace of mind and to ensure that in the event of injury you are not left in a position of loss. The changes being instituted by the government are contrary to the purposes of insurance.

Rose Keith

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I read once there was a man who was diagnosed with Leukemia. He stated, no way, I cannot die now, I must live to see my grandchildren graduate. I need to live another 20 years. 30 years later he was still alive. Intention?

My intention has been since day one, that we all have a safe ride or drive no matter where we go or when we return. I can honestly say, it worked/works for me..

Something to Ponder



Another Link for those are open to possibilities and probabilities.

Last newsletter I posted a link to a
You Tube TED talk about an experiment with a group of patients and pain
medication. The doctor informed one
group that they would be receiving
the meds and the other group no
doctor or person mentioned that were
given the meds for pain yet they were
receiving the medication. Basically the
placebo effect of which there has
much research over the many years.
If I had my marbles together I would
be able to give reference to this
statement, but I will post it anyway:

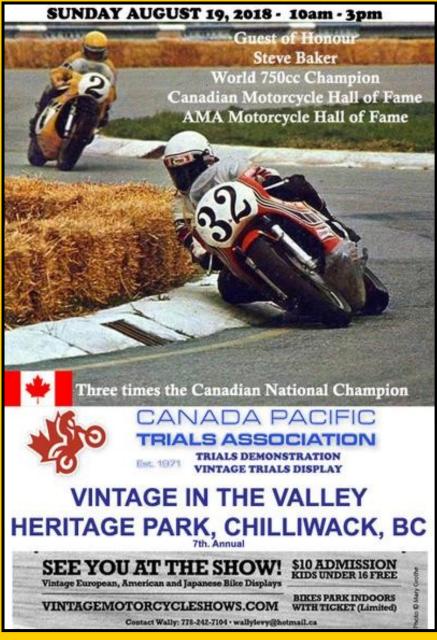
"Man is belief expressed."

Dr Joe Dispenza who lives in Washington State travels the world telling his story of how he was hit by a SUV while in a triathlon, damaging his back so bad all the specialists recommended the Harrington rod. He said no to the rod and healed himself

in 9 weeks and since has written many books, one of them called "You are the Placebo" Since that time in the 1980's he has been on a mission to help others. Recently he was here in BC at a 5 day conference with several others.

Neuroscientist, Dr. Joe Dispenza, has an amazingly inspirational story especially for those who believe in the power of self healing.

You can google him or search on You Tube hismany interviews as well as the seminars that he has done all over the world.



A highly informative interview on You Tube with Dr Joe titled Dr Joe Dispenza: The Power of Belief - www.youtube.com/watch?
v=V_pKlsL7oiU

Bunnii

Rider went down??? Call us at 604-580-0112 with full name and hospital if you know it.

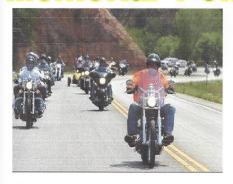
VISITATION REPORT - May 16, 2018 Apr 19 - May 16 - May 16 Visitations 10 25 Riders Helped 3 7 Family Members Helped 1 3 Currently Visiting 6

I called Gary for an updated Visitation report and he informed me that he was not able at that time as he was on had received calls to visit 2 more riders who went down, so an updated report will be at the next meeting in July and hopefully in fall edition.

Please please, ride safe.



Summerland Legion presents Bob Wolleswinkel Memorial Poker Run



Friday July 13th 2018

Burger and a Beer for \$9 all day
Baron of Beef \$10 from 5-7pm
Entertainment & Prizes
Legion Opens at 11am
at 14205 Rosedale Avenue in
Summerland, BC

This event is based on an idea from Port Dover, Ontario www.pd13.com

Please register at www.ok13.ca
Facebook - Summerland Friday the 13th Motorcycle Rally
For info call John Dorn 250-404-0318 jdorn@ok13.ca



ASSOCIATION FOR INJURED MOTORCYCLISTS
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PH. 604.580.0112 FAX. 604.580.0114

WWW.AIMVANCOUVER.COM



Whether you are an accident victim or a sincerely interested party, all help is greatly appreciated in this endeavor. All of AIM'S funds come from Memberships and Donations. WE NEED YOU! ... Become a member and give us support for effective representation on all matters of concern to Injured Motorcyclists.

Name:	Cell:					
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City:		Prov:	P/C:			
Ph:	Email:_					
Please return this application with your payment to the address above. Make checks payable to (A.I.M.) Association for Injured Motorcyclists Thank you for your Support!	☐ Would you like Newsletter by Email ☐ Would you like to Volunteer ?	New Single Membership Couple Membership Club Membership	Renewal \$25.00 \$35.00 \$35.00	OFFICE USE		

Calendar

July 2018

<u>July 1, 2018</u> - Steveston Salmon Festival Car Show - Sunday @ Steveston Community Park, east lawn. Sponsored by Richmond Lions Club. www.stevestonsalmonfest.ca

<u>July 7, 2018</u> - Flat Track Racing - Saturday. Pemberton Speedway. www.vancouverflattrackclub.com.

July 13, 2018 - Bob Wolleswinkel Memorial Poker Run - Friday @ Summerland, BC. Poker Run at 1pm. Burger & Beer for \$9 all day; Baron of Beef \$10 from 5-7pm. Entertainment & Prizes. Legion opens at 11am at 14205 Rosedale Ave., Summerland, BC. Register @ www.ok13.ca. John Dorn 250-404-0318 or jdorn@ok13.ca. Facebook: Summerland Fri-

<u>July 19, 2018</u> - A.I.M. MONTHLY MEETING - Every third Thursday @ 7:00 pm. @ Kalmar Restaurant, 8076 King George Blvd, Surrey, BC V3W 5B5

day the 13th Motorcycle Rally.

July 19, 2018 to July 22, 2018 - Summer Stomp - Thursday - Sunday @ Sicamous, BC. Live bands, bike games, food & shopping. "Best Charity Gike Rally in BC" info@summerstomp.ca or www.summerstomp.ca or @SummerStomp (Facebook).

July 27, 2018 to July 29, 2018 - 22nd Annual Ponoka Vintage Rally - Fri - Sun @ the Ponoka Stampede Grounds in Alberta (just a few miles north of Red Deer). Presented by Central Alberta Section of the Canadian Vintage Motorcycle Group (CVMG). "A Tribute To The Honda Cub!" Free camping on site, tailgate swapmeet, chilli cook-Off, poker rally, show & shine, steak supper, jeopardy, bike games, award presentations. Entry = \$60; Early Bird = \$50 (before June 15), spectators free. Ken Wiens - 403-877-5188 - kcwiens@shaw.ca or Jeff Woolley - 403-783-3138 - cvmgcaponokarally@gmail.com.

July 29, 2018 - Sasquatch Inn 13th Annual Motorcycle Show n Shine - Sunday @ Sasquatch Inn, 46001 Lougheed Hwy, Harrison Mills, BC. 12pm - 6pm, rain or shine, hot rods welcome. Official judges, loads of prizes, live entertainment, vendors, licensed parking lot. Proceeds and donations to Zajac Ranch for Children. Nancy @ 604-556-6542 or shown-shine@sasquatchinn.ca

August 2018

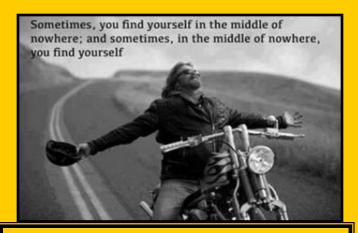
<u>August 3, 2018</u> to August 4, 2018 - Flat Track Racing - Friday - Saturday. Pemberton Speedway. www.vancouverflattrackclub.com.

August 12, 2018 - 18th ANNUAL G F STRONG RIDE-IN SHOW-N-SHINE - RAIN OR SHINE! 9am - 2pm @ GF Strong Rehabilitation Center, 4255 Laurel St, Vancouver BC. Rain or Shine. Show & Shine all bikes including modified. Burgers & dogs (free for residents), pop, coffee. Live music, paint-on tattoos, family event. Meet interesting people. Support downed riders and residents at GF Strong. Proceeds to an item needed by all residents at the Centre. 604-580-0112; info@aimvancouver.com; www.aimvancouver.com.

August 16, 2018 - A.I.M. MONTHLY MEETING - Every third Thursday @ 7:00 pm. @ Kalmar Restaurant, 8076 King George Blvd, Surrey, BC V3W 5B5

August 18, 2018 - Bikers for Burns Ride - Saturday @ 10am. Leave from Barnes Harley-Davidson, Langley to Hope, BC via Highway #7. \$25 minimum per person. Breakfast provided by Barnes Harley-Davidson; BBQ lunch provided in Hope by donation. Tons of prizes, 50/50, Silent Auction. Partial proceeds to the BC Burn Fund. info@florianknights.ca or www.florianknights.ca.

<u>August 18, 2018</u> - Flat Track Racing - Saturday @ Fraser Down's, Surrey, BC. vancouverflattrackclub.com.



Change of Address or Info?

If you are moving, going to move or have already moved please email us at

info@aimvancouver.com

With your new info so we may update the database.

Thanks!